

# Youth

Here is the information for Youth Services  
and Activities in Stoke-on-Trent



City of  
**Stoke-on-Trent**

# Index

|                                             |             |
|---------------------------------------------|-------------|
| Index Page                                  | 1           |
| Useful Contact Numbers & Websites           | 2           |
| <b>City Wide</b>                            | <b>3-7</b>  |
| • Macca's                                   | 3           |
| • Dizzy Heights                             | 4           |
| • In2                                       | 5           |
| • YMCAGo                                    | 6           |
| <b>North</b>                                | <b>7</b>    |
| • CAFAG                                     | 7           |
| <b>Central</b>                              | <b>8-17</b> |
| • Macca's Movers                            | 8           |
| • 10 Count, Hanley                          | 9           |
| • Esports                                   | 10          |
| • Thursday Night Girls Football             | 11          |
| • Northwood Youth Club                      | 12          |
| • Middleport Teens                          | 13-14       |
| • Strength in Motion, Empowering Young Mums | 15          |
| • 10 Count, Abbey Hulton                    | 16          |
| • The Macca Project                         | 17          |
| <b>South</b>                                | <b>18-</b>  |
| • 101 Count Kids Club                       | 23          |
| • Little Humans Youth Club                  | 24          |
| • 4U Youth Club                             | 25          |
| • Gathers                                   | 26          |
| <b>We want to hear from you</b>             | <b>27</b>   |

# USEFUL CONTACTS

| NAME                      | PHONE         | WEBSITE                                                                       | ABOUT                                |
|---------------------------|---------------|-------------------------------------------------------------------------------|--------------------------------------|
| CHILDLINE                 | 0800 1111     | <a href="http://www.childline.org.uk">www.childline.org.uk</a>                | 24 hour helpline for under 18s       |
| NSPCC                     | 0800 800 5000 | <a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a>                        | 24 hour child protection helpline    |
| THE PROUD TRUST           | 0161 660 3347 | <a href="http://www.theproudstrust.org">www.theproudstrust.org</a>            | LGBT and Youth Support               |
| KIDSCAPE                  | 020 7730 3300 | <a href="http://www.kidscape.org.uk">www.kidscape.org.uk</a>                  | Keeping safe, bullying & how to cope |
| YOUTH ACCESS              | 020 8712 9900 | <a href="http://www.youthaccess.org.uk">www.youthaccess.org.uk</a>            | Discuss problems confidentially      |
| CALM                      | 0800 58 58 58 | <a href="http://www.thecalmlzone.net">www.thecalmlzone.net</a>                | Helpline for boys aged 15+           |
| ANXIETY UK                | 08444 775774  | <a href="http://www.anxietyuk.org">www.anxietyuk.org</a>                      | Anxiety Helpline                     |
| CHILD BEREAVEMENT UK      | 0800 028 8840 | <a href="https://childbereavementuk.org/">https://childbereavementuk.org/</a> | Child bereavement helpline           |
| YOUNG MINDS               | 0800 802 5544 | <a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a>              | Emotional help                       |
| BEAT YOUTH LINE           | 0808 801 0711 | <a href="http://www.b-eat.co.uk">www.b-eat.co.uk</a>                          | Eating disorder helpline             |
| PAPYRUS                   | 0800 088 4141 | <a href="http://www.papyrus-uk.org">www.papyrus-uk.org</a>                    | Young suicide prevention             |
| ring<br>ring<br>ring KOOH |               | <a href="http://www.kooth.com">www.kooth.com</a>                              | Online support for young people      |



# THE MACCAS PROJECT

MENTAL HEALTH  
INTERVENTIONS  
**PEER SUPPORT**  
SAFE CONFIDENTIAL SPACE

The 2 groups are for  
11–13 year olds and  
14–18 years olds

email [maccasproject@nsmind.org.uk](mailto:maccasproject@nsmind.org.uk)

# SUPPORTING YOUNG PEOPLE

to reach their own

 **DIZZY  
HEIGHTS**

## YOUTH CLUBS

### MONDAY'S

**Chesterton  
Vision Centre**  
School Year 7 - Year 11  
5:30pm - 7:00pm

### TUESDAY'S

**Chell Heath  
Church of the Saviour**  
School Year 5 - Year 11  
5:00pm - 6:30pm

**Sneyd Green  
Powerleague Excel**  
School Year 10 - Year 11  
5:00pm - 7:00pm

### WEDNESDAY'S

**Penkhull  
Penkhull Village Hall**  
School Year 5 - Year 11  
5:00pm - 6:30pm

**Kidsgrove  
Clough Hall Park Pavilion**  
School Year 7 - Year 11  
5:30pm - 7:00pm

### THURSDAY'S

**Norton  
Norton Community Church**  
School Year 5 - Year 11  
5:00pm - 6:30pm

**Meir  
Meir Education Centre**  
School Year 7 - Year 11  
From 5:30pm-7pm

### FRIDAY'S

**Bentilee (Moss Green)  
Riverside Building**  
School Year 5 - Year 11  
5:00pm - 6:30pm

For enquiries:

Jim Hazleton | 07460190400  
jim@dizzyheights.org

@dizzyheightsstaffs



- Sport
- Fitness
- Food
- Trips
- Music
- Gaming
- and more...

email: [info@in2health.co.uk](mailto:info@in2health.co.uk)



**FREE**



**Scan here for more information  
and to sign up**



[www.in2health.co.uk](http://www.in2health.co.uk)

## **Tuesdays**

Staffs Lifting Club, ST4 4DX  
4.30pm-6.00pm

## **Wednesdays**

Guerrilla Training, ST4 6DP  
4.30pm-6.00pm

## **Thursdays**

Meir Educ. Centre, ST3 7DY  
6.00pm-7.30pm

## **Fridays**

The Yard, Meir, ST3 7BY  
4.00pm-6.00pm



Leading activities for  
young people aged 10-16

## Weekly activities

### Tuesday

Sports Youth Club @ YMCA 6pm-  
8pm (50p)

### Wednesday

Northwood Youth Club @ Northwood  
Parish Hall 6pm-8pm (50p)

Detached Youth Work @ Sneyd  
Green from 3pm-5pm FREE

### Thursday

Detached Youth Work @ Joiner  
Square Park from 3pm-5pm FREE

### Friday

Detached Youth Work @ Blurton,  
Newstead Park from 3pm-5pm FREE

Blurton Youth Club @ Blurton  
Community Hub 6pm-8pm  
(50p)

83% of young people  
said they were more  
confident since joining  
YMCA GO!



Want to see more?





Chell Area Family Action Group

# YOUTH SERVICE

A PLACE TO MEET  
NEW FRIENDS AND  
SOCIALISE!  
GIVE IT A TRY!

**Girls Connect**  
School Years: 4-9  
4:00 - 5:30PM  
WEDNESDAY

**Play Session**  
School Years: 1-3  
4:00 - 5:30PM  
MONDAY

**Younger Youth**  
School Years: 4-8  
MON 6:00 - 7:30PM  
FRI 4:30 - 6:00PM

**Older Youth**  
School Years: 7-11  
6:30 - 8:00PM  
FRIDAY

## Activities

- ✓ Pool Table
- ✓ Sports
- ✓ Drawing & Painting
- ✓ Board Games
- ✓ Video Games
- ✓ Trips

## Where

The Whitfield Valley Centre  
Fegg Hayes Road  
ST6 6QR

Tel: 01782 878 843

Find us on  @CAFAGyouth





NATURAL MINERAL WATER  
**BUXTON**



**nsmind**  
North Staffs

# Maccas Movers

Running group for  
beginners aged 13-16

Aimed at people aged 13-16 who want to improve their mental wellbeing through being physically active in a supportive and friendly group. Whether your aim is to reduce stress, improve your mood, run a 5k or meet new people. Our qualified run leader will take you from Couch to 5k in 12 weeks, giving you the confidence to keep going.

"I was apprehensive about joining a running group, but it's changed my life"  
Quote from a previous Couch to 5k member.

Join our new free 12 week Couch to 5k programme, in partnership with Buxton, starting on Saturday 11th January 2025.

Hanley Park  
Every Saturday Morning  
10:30am – 12:30pm

Register by contacting us:  
[reception@nsmind.org.uk](mailto:reception@nsmind.org.uk)  
01782 262100

For more information  
Visit [www.nsmind.org.uk](http://www.nsmind.org.uk)



01782 262100



[reception@nsmind.org.uk](mailto:reception@nsmind.org.uk)



**10**  
**GOUNT**  
-YOUTH-

**YMCA**  
**HANLEY**  
**ST1 3AE**

**WEDNESDAYS**

**4.15-5.30PM**

# ACTIVITY SESSIONS

**FREE**

**AKTIVITY PRO MLÁDEŽ**

**ZDARMA KAŽDOU STŘEDU**





FOUNDATION  
ESPORTS

# ESPORTS CLUB

**EVERY THURSDAY  
4:30-6:00PM**

**PORT VALE FAMILY HUB  
[LORNE STREET STAND]**

**OPEN TO 11-16 YEAR OLDS**



**PROUDLY  
SUPPORTED BY**



# THURSDAY NIGHT GIRLS FOOTBALL

engage



If you are aged 8-16, join us for a girls-only football session that are a perfect opportunity to meet new friends, discover new skills and it's free! **Pre-booking via the link/QR code is required.**

**EVERY THURSDAY  
5:00PM-6:00PM**

- ✓ FREE
- ✓ Every Thursday, 5PM-6PM
- ✓ Discover new skills
- ✓ Meet new friends and more



Foundation Sports Hall  
Port Vale Football Club,  
Hamil Rd,  
Stoke-on-Trent , ST6 1AW



Registration Link  
[bit.ly/PVFCGirlsOnly](https://bit.ly/PVFCGirlsOnly)

AGES  
9- 16

• NORTHWOOD •  
COMMUNITY SPORTS

ONLY  
£2

# YOUTH Club

MONDAY &  
FRIDAYS

FROM 4 P.M. TILL 6 P.M.

A FUN OPPORTUNITY  
FOR KIDS TO GET OUT,  
PLAY AND MAKE NEW  
FRIENDS!

NORTHWOOD STADIUM,  
KEELINGS ROAD, ST1 6PA

ENQUIRE TODAY:  
[INFO@NORTHWOODSTADIUM.CO.UK](mailto:INFO@NORTHWOODSTADIUM.CO.UK)

FOOTBALL, BASKETBALL,  
BADMINTON,  
TABLE TENNIS, AND  
MUCH MORE



Scan to  
book  
online

# Children & Young People's January Activities

## Monday

5pm - 6pm



**Active Club**  
(7-11yrs and year 7's\*)  
Multi-sport skills and  
games.

## Tuesday

4:30pm - 6:00pm



**Game Zone**  
(7-11 and year 7's\*)  
Gaming Club with Xbox and  
PlayStation

## Wednesday

4:30pm-5:30pm



**Youth Club**  
(7-12yrs)

## Thursday

4pm - 5pm



**Board Games**  
(7-11yrs and Year 7's\*)

## Friday

4pm - 5pm



**Curious Minds**  
(7-11yrs and Year 7's\*)  
Find a new interest.

5pm - 6pm



**Creative Club**  
(10-16yrs)

6:00pm-7:30pm



**Chill Social**  
(12-16)  
A chill space for  
young people.

5pm - 6pm



**Multi-Skills**  
(12-16)  
Programme of Multi-Sport  
skills.

5:30pm - 6:30pm



**Open Youth Space**  
(12-16)



MiddleportMatters



MiddleportMatters

**All abilities  
welcome**



93-97 Harper Street  
ST6 3OU



St Paul's Community Rooms  
Church Square  
ST6 4BY



\*Year 7's welcome to these sessions

To find out more about our activities, call 01782 817590 or find us on Facebook

# Children & Young People Term-Time Activities

**DO YOU ENJOY PLAYING BOARD GAMES? COME ALONG ON  
THURSDAYS TO MAKE NEW FRIENDS AND PLAY GAMES.**

**(SEE TIMETABLE)**



**ENJOY GAMING? COME ALONG TO OUR  
GAMING CLUB WHERE YOU CAN PLAY XBOX  
OR PLAYSTATION!**

**(SEE TIMETABLE)**



**Do you enjoy being active and having fun?  
Why not try our active club where you can practice  
your sport skills and play various active games.**

**(see timetable)**



**COME ALONG TO CURIOUS MINDS  
WHERE WE WILL BE DISCOVERING  
NEW TOPICS EACH WEEK.**

**(SEE TIMETABLE)**



# Strength in Motion

## Empowering Young Mums

Join our new 16-week programme, designed by you, to **try new activities, gain skills, and make friends!**

Kids are welcome and food will be provided.  
Travel support is available if needed.



**Starts 15th January**  
**10.30am - 1.30pm**

**SAVE  
THE DATE**

### Where?

**YMCA North Staffordshire**  
**Harding Road, Hanley,**  
**ST1 3AE**

### Sign Up

Scan the code



or speak to **Hannah Booth**



**REGISTER  
NOW!**



**YOU'RE  
INVITED**

**Supported By**

**TOGETHER  
ACTIVE**



# Free Activity Club

for ages 11-16



**Football**

**Fitness**

**Dancing**

**Fun**

**Games**

**Boxing**

**Sports**

**Music**

**10 Week Programme - Come Along!**

**Wallace Centre | Abbey Hulton | ST2 8DU  
16:30 - 18:00 | Starts Friday 6th September**



## How The Maccas Project Began

A young man named Thomas McCauley sadly took his own life after a battle with his diagnosis of psychosis in August 2012.

Tom's family started fundraising for North Staffs Mind and The Maccas Project developed from there! The aim of the project is to provide early intervention support and signposting to reduce the risk of suicide in Staffordshire.



**In memory of**

**Thomas**

**McCauley**

 **North Staffs  
Mind**



**Mental  
Health**

**support for  
young people**

**Aged 11-18**



## Workshops

The Maccas Project offer a range of mental health workshops for Primary Schools (Year 3 upwards), High Schools and College students.

The workshops highlight the importance of mental health and getting support as early as possible.

We also provide space for young people in the session to talk to our mental health professionals present.

## Support Groups

We provide 2 support groups with interactive learning and support for young people.

**11-13 year olds:**

The Zone, Biddulph youth and community center,  
ST8 6NE

**5:30pm—6:30 pm**

Every 2nd Tuesday of the month

**14-18 year olds:**

Adventure Mini Village,  
Waterworld, Festival  
Way, Hanley, S-o-T

**ST1 5PU**

**5:30pm—7:30pm**

Every 4th Tuesday of the month

**Buxton Movers: Couch  
to 5km**

**Hanley Park**

**10:30am—12:30pm**

**Every Saturday**



**Contact us today to  
see what we can do to  
support you!**

**Email:**

**[maccasproject@nsmind.org.uk](mailto:maccasproject@nsmind.org.uk)**

**Call: 01782 262100**

**Website: [www.nsmind.org.uk/  
services-for-young-people/  
maccas-project/](http://www.nsmind.org.uk/services-for-young-people/maccas-project/)**





11am - 1pm

ages 5-12

**Saturday**

لارلر

تۆڭ لارلر

بىش تۆڭ تۆڭ  
تۆڭ تۆڭ تۆڭ

**Free  
Entry**

# KIDS CLUB



Ten Count Youth  
Winchester Halls  
Winchester Avenue  
Bentilee  
ST2 0LL



LITTLE HUMANS STAFFORDSHIRE CIC

# Youth Club

For 8-16 year old

## Purpose of the youth club:

We offer activities for young people in a safe space within their local community to come together for crafts, games, learning or simply to socialise with others.



## WHEN?

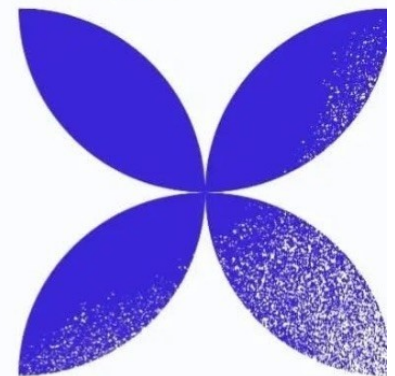
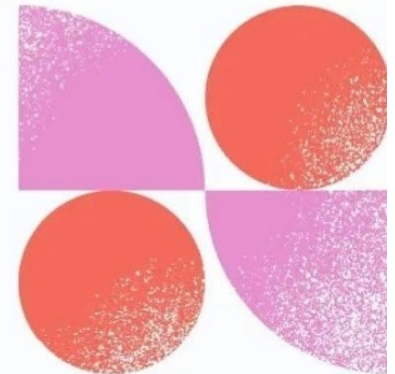
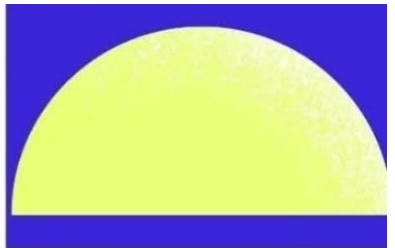
**Every Wednesday, 4-5.30pm**

## WHERE?

**Better Together Community HQ  
4 Woodberry Close, ST4 5LU**

**NO BOOKING REQUIRED!**

More information via email [littlehumansstaffordshire@outlook.com](mailto:littlehumansstaffordshire@outlook.com)



TRANSFORM COMMUNITIES  
STAFFORDSHIRE CIC

# 4U YOUTH CLUB



**DOORS OPEN 4.15 PM FINISH 5.15 FREE ENTRY**  
**@TEMPLE ST METHODIST CHURCH COMMUNITY CENTRE**  
**FENTON ST3 4NW**

TRANSFORM  
COMMUNITIES  
STAFFORDSHIRE  
INSPIRING, MAKING, SHAPING THE FUTURE

FUN, GAMES, ARTS, CRAFT, COOKING, MULTI SPORTS, BOXING,  
FITNESS, COMPETITIONS, MAKE FRIENDS AND LOTS MORE  
TCSCIC@MAIL.COM TEL: 07411136757



# GATHER'S HALF TERM

## MON

MessyPlay 11am  
Youth club 5pm-7pm  
Circuits 7pm  
Gym access 4.30-7pm



Don't forget to  
follow our socials  
to keep upto date

## THURS

Youth club 5pm-7pm  
Kickboxing 7pm  
Gym access 4.30-7pm

## WEDS

MMA 5pm-6pm  
L.B.T 6pm  
Yoga 7pm  
Gym access 4pm-7pm

## TUES

Young-stars 4.30-6pm  
SEND youthclub 6-7  
Kickboxing 7pm  
Circuits 7pm  
Gym access 4pm-7pm

## SAT

Circuits 10am  
Gym access 10-2



All youth clubs are for  
ages 5-17 &  
Young-stars 5-11  
BOOK ONLINE TODAY!

Our community is your community

ELSING STREET,  
FENTON,  
ST4 2PR



**WE WANT**

**YOUR**

**FEEDBACK**

