# FAMILY HUB START FOR LIFE

## **PREGNANCY TO 6 MONTHS**

EARLY PREGNANCY
Register at your local
Family Hub





POSTNATAL
Birth - 12 months



## **6 MONTHS - 3 YEARS**

EARLY YEARS PROGRAMME INCREDIBLE YEARS

3-6 years







READ CHAT PLAY



FAMILY LINKS PLAYFUL PARENTING

1 - 4 years



**TALKING TOTS** 

6 - 18 months

## **4 YEARS AND BEYOND**

NURTURING PROGRAMME FAMILY LINKS

4-11 years

TALKING TEENS FAMILY LINKS

10 plus

KEEPING YOUR CHILD IN MIND FAMILY LINKS

from pregnancy to parenthood



OTHER GROUPS AND ACTIVITIES

BABY AND TODDLER GROUPS

Birth - 5 years

ALICE CHARITY BIG CUP

Birth - 5 years

BETTER TOGETHER
Birth - 5 years

ADULT LEARNING OPPORTUNITIES

**JUST ME** 

For parents with children under 20

SEN PARENTING
INCREDIBLE YEARS FROM
FAMILY FOCUS

For more information on Family Hub services

 $\bigoplus www.familyhub.stoke.gov.uk$ 

www.facebook.co.uk/stokefamilyhubs

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# EARLY LIFE WORKER AND GROUPWORKER PATHWAY

## **PREGNANCY TO 6 MONTHS**

#### **EARLY PREGNANCY**

Encourage registration at local Family Hub

#### **ANTENATAL GROUP**

•Medical Model and Solihull Approach Midwifery and Group work practitioners

#### **SENSORY BABIES WITH POSTNATAL KEY MESSAGES**

0-5 Months •6 sessions ELWs and GWPs

#### **POSTNATAL**

Birth - 12 months •Incredible Years or Solihull Approach •Family Focus or GWPs

#### **BABBLING BABIES**

Birth - 6 months •Early Life Workers •6-12 sessions

## **6 MONTHS - 3 YEARS**

#### **EARLY YEARS PROGRAMME INCREDIBLE YEARS**

3-6 years X Sessions

#### **MINI MOVERS**

18-36 months •(PEEP) X Sessions

#### **READ CHAT PLAY**

1-3 years •Early Life Workers •6-12 Sessions

#### **FAMILY LINKS** PLAYFUL PARENTING

1 - 4 years •2 x workshops •ELW's and GWP's

#### **TALKING TOTS**

6 - 18 months •Early Life Workers •6-12 sessions

## **4 YEARS AND BEYOND**

#### NURTURING PROGRAMME **FAMILY LINKS**

4-11 years •12 Sessions

### **TALKING TEENS FAMILY LINKS**

10 plus •4 Sessions

#### **KEEPING YOUR CHILD IN MIND FAMILY LINKS**

For parents and carers with children 0-18 X sessions

## **OTHER GROUPS AND ACTIVITIES**

### **BABY AND TODDLER GROUPS**

Birth - 5 years

## **ADULT LEARNING OPPORTUNITIES**

## **ALICE CHARITY BIG CUP**

Weekly sessions delivered in Family Hubs

### LITTLE HUMANS FROM **BETTER TOGETHER**

Weekly sessions delivered in Family Hubs

#### **JUST ME**

Adult Learning to support Parental / Wellbeing

## **SEN PARENTING INCREDIBLE YEARS FROM FAMILY FOCUS**

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