

Youth

Here is the information for Youth Services
and Activities in Stoke-on-Trent



City of
Stoke-on-Trent

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**THE
MACCAS
PROJECT**

**MENTAL HEALTH
INTERVENTIONS
PEER SUPPORT
SAFE CONFIDENTIAL SPACE**

**The 2 groups are for
11–13 year olds and
14–18 years olds**

email maccasproject@nsmind.org.uk

SUPPORTING YOUNG PEOPLE

to reach their own

**DIZZY
HEIGHTS**

YOUTH CLUBS

MONDAY'S

**Chesterton
Vision Centre**
School Year 7 - Year 11
5:30pm - 7:00pm

TUESDAY'S

**Chell Heath
Church of the Saviour**
School Year 5 - Year 11
5:00pm - 6:30pm

**Sneyd Green
Powerleague Excel**
School Year 10 - Year 11
5:00pm - 7:00pm

WEDNESDAY'S

**Penkhull
Penkhull Village Hall**
School Year 5 - Year 11
5:00pm - 6:30pm

**Kidsgrove
Clough Hall Park Pavilion**
School Year 7 - Year 11
5:30pm - 7:00pm

THURSDAY'S

**Norton
Norton Community Church**
School Year 5 - Year 11
5:00pm - 6:30pm

**Meir
Meir Education Centre**
School Year 7 - Year 11
From 5:30pm-7pm

FRIDAY'S

**Bentilee (Moss Green)
Riverside Building**
School Year 5 - Year 11
5:00pm - 6:30pm

For enquiries:

Jim Hazleton | 07460190400
jim@dizzyheights.org

@dizzyheightsstaffs



in2 youth clubs



Funded by
UK Government

- Sport
- Fitness
- Food
- Trips
- Music
- Gaming
- and more...

email: info@in2health.co.uk



FREE



Scan here for more information
and to sign up



www.in2health.co.uk

Tuesdays

Staffs Lifting Club, ST4 4DX
4.30pm-6.00pm

Wednesdays

Guerrilla Training, ST4 6DP
4.30pm-6.00pm

Thursdays

Meir Educ. Centre, ST3 7DY
6.00pm-7.30pm

Fridays

The Yard, Meir, ST3 7BY
4.00pm-6.00pm



Leading activities for
young people aged 10-16

Weekly activities

Tuesday

Sports Youth Club @ YMCA 6pm-8pm (50p)

Wednesday

Northwood Youth Club @ Northwood Parish Hall 6pm-8pm (50p)

Detached Youth Work @ Sneyd Green from 3pm-5pm FREE

Thursday

Detached Youth Work @ Joiner Square Park from 3pm-5pm FREE

Friday

Detached Youth Work @ Blurton, Newstead Park from 3pm-5pm FREE

Blurton Youth Club @ Blurton Community Hub 6pm-8pm (50p)

83% of young people
said they were more
confident since joining
YMCA GO!



Want to see more?





YOUTH SERVICE



A PLACE TO MEET
NEW FRIENDS AND
SOCIALISE!
GIVE IT A TRY!

Girls Connect
School Years: 4-9
4:00 - 5:30PM
WEDNESDAY

Play Session
School Years: 1-3
4:00 - 5:30PM
MONDAY

Younger Youth
School Years: 4-8
MON 6:00 - 7:30PM
FRI 4:30 - 6:00PM

Older Youth
School Years: 7-11
6:30 - 8:00PM
FRIDAY

Activities

- ✓ Pool Table
- ✓ Sports
- ✓ Drawing & Painting
- ✓ Board Games
- ✓ Video Games
- ✓ Trips

Where

The Whitfield Valley Centre
Fegg Hayes Road
ST6 6QR

Tel: 01782 878 843



Find us on  @CAFAGyouth



Maccas Movers

Running group for
beginners aged 13-16

Aimed at people aged 13-16 who want to improve their mental wellbeing through being physically active in a supportive and friendly group. Whether your aim is to reduce stress, improve your mood, run a 5k or meet new people. Our qualified run leader will take you from Couch to 5k in 12 weeks, giving you the confidence to keep going.

"I was apprehensive about joining a running group, but it's changed my life"
Quote from a previous Couch to 5k member.

Join our new free 12 week Couch to 5k programme, in partnership with Buxton, starting on Saturday 11th January 2025.

Hanley Park
Every Saturday Morning
10:30am – 12:30pm

Register by contacting us:
reception@nsmind.org.uk
01782 262100

For more information
Visit www.nsmind.org.uk



01782 262100



reception@nsmind.org.uk



10
GOUNT
YOUTH



YMCA
HANLEY
ST1 3AE



FREE

ACTIVITY SESSIONS

AKTIVITY PRO MLÁDEŽ
ZDARMA KAŽDOU STŘEDU

WEDNESDAYS

4.15-5.30PM





FOUNDATION
ESPORTS

ESPORTS CLUB

EVERY THURSDAY
4:30-6:00PM

PORT VALE FAMILY HUB
[LORNE STREET STAND]

OPEN TO 11-16 YEAR OLDS



PROUDLY
SUPPORTED BY



THURSDAY NIGHT GIRLS FOOTBALL



If you are aged 8-16, join us for a girls-only football session that are a perfect opportunity to meet new friends, discover new skills and it's free! **Pre-booking via the link/QR code is required.**

**EVERY THURSDAY
5:00PM-6:00PM**

- ✓ FREE
- ✓ Every Thursday, 5PM-6PM
- ✓ Discover new skills
- ✓ Meet new friends and more



Foundation Sports Hall
Port Vale Football Club,
Hamil Rd,
Stoke-on-Trent , ST6 1AW



Registration Link
bit.ly/PVFCGirlsOnly

AGES
9-16

NORTHWOOD
COMMUNITY SPORTS

ONLY
£2

YOUTH Club

**MONDAY &
FRIDAYS**
FROM 4 P.M. TILL 6 P.M.

**A FUN OPPORTUNITY
FOR KIDS TO GET OUT,
PLAY AND MAKE NEW
FRIENDS!**

**NORTHWOOD STADIUM,
KEELINGS ROAD, ST1 6PA**

**ENQUIRE TODAY:
INFO@NORTHWOODSTADIUM.CO.UK**

**FOOTBALL, BASKETBALL,
BADMINTON,
TABLE TENNIS, AND
MUCH MORE**




*Scan to
book
online*

Children & Young People's January Activities

Monday

5pm - 6pm 
Active Club
 (7-11yrs and year 7's*)
 Multi-sport skills and games.

Tuesday

4:30pm - 6:00pm 
Game Zone
 (7-11 and year 7's*)
 Gaming Club with Xbox and PlayStation

Wednesday

4:30pm-5:30pm 
Youth Club
 (7-12yrs)

Thursday

4pm - 5pm 
Board Games
 (7-11yrs and Year 7's*)


Friday

4pm - 5pm 
Curious Minds
 (7-11yrs and Year 7's*)
 Find a new interest.

5pm - 6pm 
Creative Club
 (10-16yrs)

6:00pm-7:30pm 
Chill Social
 (12-16)
 A chill space for young people.

5pm - 6pm 
Multi-Skills
 (12-16)
 Programme of Multi-Sport skills.

5:30pm - 6:30pm 
Open Youth Space
 (12-16)

 MiddleportMatters
 MiddleportMatters
All abilities welcome



93-97 Harper Street
 ST6 3OU 
 St Paul's Community Rooms
 Church Square
 ST6 4BY 
 *Year 7's welcome to these sessions

To find out more about our activities, call 01782 817590 or find us on Facebook

Children & Young People Term-Time Activities

**DO YOU ENJOY PLAYING BOARD GAMES? COME ALONG ON
THURSDAY TO MAKE NEW FRIENDS AND PLAY GAMES.**

[SEE TIMETABLE]



**ENJOY GAMING? COME ALONG TO OUR
GAMING CLUB WHERE YOU CAN PLAY XBOX
OR PLAYSTATION!**

(SEE TIMETABLE)



**Do you enjoy being active and having fun?
Why not try our active club where you can practice
your sport skills and play various active games.**

(see timetable)



**COME ALONG TO CURIOUS MINDS
WHERE WE WILL BE DISCOVERING
NEW TOPICS EACH WEEK.**

(SEE TIMETABLE)



Strength in Motion

Empowering Young Mums

Join our new 16-week programme, designed by you, to **try new activities, gain skills, and make friends!**

Kids are welcome and food will be provided. Travel support is available if needed.


 **Starts 15th January**
10.30am - 1.30pm

**SAVE
THE DATE**

Where?

YMCA North Staffordshire
Harding Road, Hanley,
ST1 3AE

Sign Up

Scan the code 
or speak to **Hannah Booth**



**REGISTER
NOW!**



**YOU'RE
INVITED**

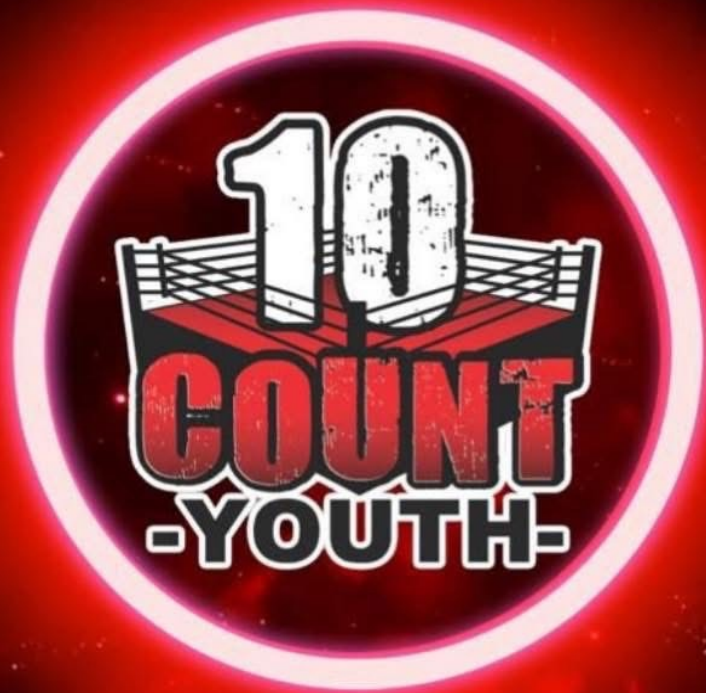
Supported By

**TOGETHER
ACTIVE**



Free Activity Club

for ages 11-16



Football

Fitness

Dancing

Fun

Games

Boxing

Sports

Music

10 Week Programme - Come Along!

**Wallace Centre | Abbey Hulton | ST2 8DU
16:30 - 18:00 | Starts Friday 6th September**

How The Maccas Project Began

A young man named Thomas McCauley sadly took his own life after a battle with his diagnosis of psychosis in August 2012.

Tom's family started fundraising for North Staffs Mind and The Maccas Project developed from there! The aim of the project is to provide early intervention support and signposting to reduce the risk of suicide in Staffordshire.



In memory of

Thomas

McCauley

 **North Staffs**
Mind



**Mental
Health**

**support for
young people**

Aged 11-18



Workshops

The Maccas Project offer a range of mental health workshops for Primary Schools (Year 3 upwards), High Schools and College students.

The workshops highlight the importance of mental health and getting support as early as possible.

We also provide space for young people in the session to talk to our mental health professionals present.

Support Groups

We provide 2 support groups with interactive learning and support for young people.

11-13 year olds:

The Zone, Biddulph youth and community center,
ST8 6NE

5:30pm—6:30 pm

Every 2nd Tuesday of the month

14-18 year olds:

Adventure Mini Village,
Waterworld, Festival
Way, Hanley, S-o-T

ST1 5PU

5:30pm—7:30pm

Every 4th Tuesday of the month

Buxton Movers: Couch to 5km

Hanley Park

10:30am—12:30pm

Every Saturday



Contact us today to see what we can do to support you!

Email:

maccasproject@nsmind.org.uk

Call: 01782 262100

Website: www.nsmind.org.uk/services-for-young-people/maccas-project/





11am - 1pm

ages 5-12

Saturday

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**Free
Entry**

KIDS CLUB



Ten Count Youth
Winchester Halls
Winchester Avenue
Bentilee
ST2 0LL

LITTLE HUMANS STAFFORDSHIRE CIC

Youth Club

For 8-16 year old

Purpose of the youth club:

We offer activities for young people in a safe space within their local community to come together for crafts, games, learning or simply to socialise with others.



WHEN?

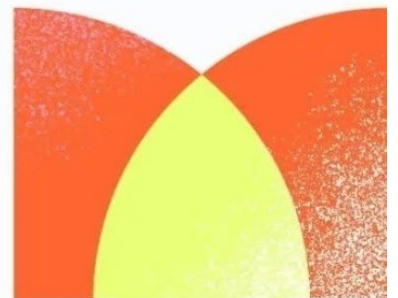
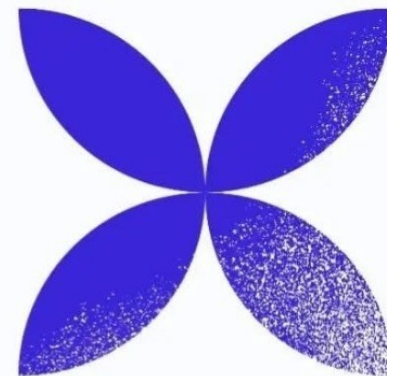
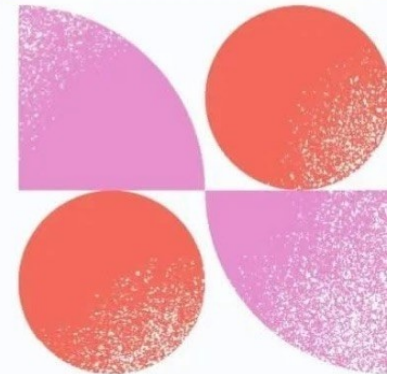
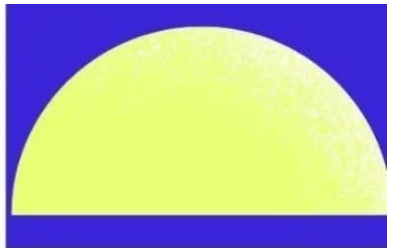
Every Wednesday, 4-5.30pm

WHERE?

Better Together Community HQ
4 Woodberry Close, ST4 5LU

NO BOOKING REQUIRED!

More information via email littlehumansstaffordshire@outlook.com



TRANSFORM COMMUNITIES
STAFFORDSHIRE CIC

4U YOUTH CLUB



DOORS OPEN 4.15 PM FINISH 5.15 FREE ENTRY
@TEMPLE ST METHODIST CHURCH COMMUNITY CENTRE
FENTON ST3 4NW



FUN, GAMES, ARTS, CRAFT, COOKING, MULTI SPORTS, BOXING,
FITNESS, COMPETITIONS, MAKE FRIENDS AND LOTS MORE
TCSCIC@MAIL.COM TEL: 07411136757



GATHERER'S HALLF TERM

MON

MessyPlay 11am
Youth club 5pm-7pm
Circuits 7pm
Gym access 4.30-7pm

Don't forget to follow our socials to keep upto date

THURS

Youth club 5pm-7pm
Kickboxing 7pm
Gym access 4.30-7pm

WEDS

MMA 5pm-6pm
L.B.T 6pm
Yoga 7pm
Gym access 4pm-7pm

TUES

Young-stars 4.30-6pm
SEND youthclub 6-7
Kickboxing 7pm
Circuits 7pm
Gym access 4pm-7pm

SAT

Circuits 10am
Gym access 10-2

All youth clubs are for ages 5-17 & Young-stars 5-11
BOOK ONLINE TODAY!

Our community is your community

ELSING STREET,
FENTON,
ST4 2PR



WE WANT

YOUR

FEEDBACK

