

# WHAT'S ON IN SHELTON AND HANLEY?

Day	Activity	Description	Time	Location
Monday	<b>Well-Being Group</b>	For expectant parents or parents experiencing feelings of anxiety or low mood.	10am -12pm	Shelton Family Hub
	<b>Make and Take</b>	A fun group for 1-5's, come and make a learning toy!	10:30am -11:30am	Shelton Family Hub
	<b>Babbling Babies</b>	For babies up to 6 months with songs, lights and play.	1:30pm -2:30pm	Shelton Family Hub
Tuesday	<b>Family Advisor Drop In</b>	Pop along and find out about support and activities on offer.	9:30am -11:30am	Shelton Family Hub
	<b>Mini Movers</b>	For tots 6 -18 months to learn with movement, dance and play.	10am -11am	Shelton Family Hub
	<b>Sensory fun for Babies</b>	A gentle, fun session with lights, music and sensory learning.	10am - 11:30am	Potteries Centre
	<b>Playful Parenting</b>	Bring your toddler along for some fun play.	1pm - 2:30pm	Potteries Centre
Wednesday	<b>Play and Stay</b>	A group for 0-5's with messy play, crafts, toys and singing to help develop social skills.	1:30pm -3pm	Shelton Family Hub
Thursday	<b>Breast feeding Group</b>	Get support at any stage of your feeding journey.	10am -11:30am	Shelton Family Hub
Friday	<b>Well -Being Group</b>	For expectant parents or parents of children under 2 experiencing feelings of anxiety or low mood.	10am - 12pm	Hope Centre, Hanley
	<b>Talking Tots</b>	For tots 6 -18 months with music and singing to help speech and language.	10:30am -11:30am	Shelton Family Hub
	<b>Read, Chat, Play</b>	A group for all ages with story-time, play and crafts.	1:30pm -2:30pm	Shelton Family Hub
	<b>Play and Stay</b>	A group for 0-5's with messy play, crafts, toys, play and singing.	1:30pm -3pm	Hope Centre, Hanley

All information correct at time of printing 10/10/2024  
 or more information about groups and support, please visit [www.familyhubs.stoke.gov.uk](http://www.familyhubs.stoke.gov.uk)