

# WHAT'S ON IN NORMACOT?

Day	Activity	Description	Time	Location
Monday	Read, Chat, Play	A group for all ages with story-time, play and crafts.	1:30pm -2:30pm	Normacot Family Hub
Tuesday	Talking Tots	For tots 6 -18 months with music and singing to help speech and language.	9:30am -10:30am	Normacot Family Hub
	Play and Stay	A group for 0-5's with messy play, crafts, toys and singing to help develop social skills.	1:30pm -3pm	Normacot Family Hub
Wednesday	Family Advisor Drop In	Pop along and find out about support and activities on offer.	1pm -3pm	Normacot Family Hub
	Well Baby Drop In	Discuss health issues and get your baby weighed.	1pm -3pm	Normacot Family Hub
	Babbling Babies	For babies up to 6 months with songs, lights and play.	2:15pm -3:15pm	Normacot Family Hub
Thursday	Big Cup	Alice Charity Parent and Toddler group.	9:30am -11:30am	Normacot Family Hub
	Well -Being Group	For expectant parents or parents experiencing feelings of anxiety or low mood.	11:30am -1pm	Normacot Family Hub
Friday	Breastfeeding Group	Get support at any stage of your feeding journey.	10am -11:30am	Normacot Family Hub
	The Bread and Butter Thing	Affordable food for families, booking required, see website for details.	12:30pm -2:15pm	Normacot Family Hub
	Make and Take	A fun group for 1-5's, come and make a learning toy!	1:30pm - 2:30pm	Normacot Family Hub

All information correct at time of printing 10/10/2024  
 or more information about groups and support, please visit [www.familyhubs.stoke.gov.uk](http://www.familyhubs.stoke.gov.uk)