

WHAT'S ON IN CHELL HEATH AND TUNSTALL?

Day	Activity	Description	Time	Location
Monday	Mini Movers	For tots 6 -18 months. Learn through moves and play.	10am -11am	Chell Heath Family Hub
	Babbling Babies	For babies up to 6 months with songs, lights and play.	1:30pm -2:30am	Chell Heath Family Hub
Tuesday	Well Baby Drop In	Discuss health issues and get your baby weighed.	9:30am -11:30am	Chell Heath Family Hub
	Big Cup	Alice Charity Parent and Toddler group.	9:30am -11:30am	Tunstall Family Hub
	Well -Being Group	For expectant parents or parents experiencing feelings of anxiety or low mood.	1pm - 3pm	Tunstall Family Hub
Wednesday	Well -Being Group	For expectant parents or parents of children under 2 experiencing feelings of anxiety or low mood.	9:30am -11:30am	Chell Heath Family Hub
	Talking Tots	A group for 0-5's with messy play, crafts, toys and singing to help develop social skills.	10:30am -11:30am	Chell Heath Family Hub
	Breast feeding Group	Get support at any stage of your feeding journey.	12pm -1:30pm	Chell Heath Family Hub
	Read, Chat, Play	A group for all ages with story-time, play and crafts.	1:30pm -2:30pm	Chell Health Family Hub
Thursday	Family Advisor Drop In	Pop along and find out about support and activities on offer.	11:30am -2:30pm	Chell Heath Family Hub
	Make and Take	A fun group for 1-5's, come and make a learning toy!	1:30pm -2:30pm	Chell Heath Family Hub
	The Bread and Butter Thing	Affordable food solution for families, booking required, see website for details.	1:30pm -2pm	Chell Heath Family Hub
Friday	Little Humans	A playgroup offered by Better Together	9:30am -11am	Tunstall Family Hub

All information correct at time of printing 10/10/2024

or more information about groups and support, please visit www.familyhubs.stoke.gov.uk